

**Study on the comparison of intraperitoneal instillation of  
Bupivacaine, Ropivacaine and saline for postoperative pain  
relief after laparoscopic  
intra abdominal surgeries.**

**DISSERTATION submitted for the degree of**

**Doctor of medicine**

**(Branch – X) Anaesthesiology**



**THE TAMILNADU DR.M.G.R MEDICAL UNIVERSITY,**

**CHENNAI**

**INSTITUTE OF ANESTHESIOLOGY AND CRITICAL CARE**

**MADRAS MEDICAL COLLEGE**

**CHENNAI**

**April 2013**

# **CERTIFICATE**

This is to certify that this dissertation entitled

**‘Study on the comparison of intraperitoneal instillation of Bupivacaine, Ropivacaine and saline for postoperative pain relief after laparoscopic intraabdominal surgeries ’**

is a bonafide record of the work done by Dr.R. SUJATHA under my supervision and guidance in the Institute of Anaesthesiology & Critical Care at Rajiv Gandhi Government General Hospital of Madras Medical College, Chennai during the period of her post graduate study from May 2010 to April 2013 for the partial fulfilment of M.D.( Branch X - Anaesthesiology) degree.

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### Introduction

Laparoscopy (Lapor-flank, scope-to look) <sup>1</sup> is a modern, minimally invasive surgical /diagnostic procedure,in which abdominal cavity is visualized with a scope. This surgery can be performed with minimal surgical incision thereby leading to less pain, less paralytic ileus, short hospital stay and early ambulation.

### History

460-570 BC - Hippocrates-rectal examination with speculum<sup>2</sup>

1773 - Philip bozzini found lichtleiter-redirect light from cavity

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## **Introduction**

Laparoscopy (Lapor-flank, scope-to look) <sup>1</sup> is a modern, minimally invasive surgical /diagnostic procedure, in which abdominal cavity is visualized with a scope. This surgery can be performed with minimal surgical incision thereby leading to less pain, less paralytic ileus, short hospital stay and early ambulation.

## **History**

- 460-570 BC - Hippocrates-rectal examination with speculum<sup>2</sup>
- 1773 - Philip bozzini found lichtleiter-redirect light from cavity of illumination to the viewer eye
- 1902 - George kelling - koelioscopie & laparoscopy to dog
- 1910 - Christian jacobaeus-first laparoscopy in human, coined the name laparothorocoskopie
- 1982 - Kurt semm- insufflators &Harold Hopkins-fibro optics
- 1987 - Philippe Mouret- first laparoscopic cholecystectomy.

1994 - Robotic laparoscopic surgery.

## **PAIN**

“THE PAIN OF SURGERY WAS TORTUROUS” said by **Celsus** in the pre anaesthetic era.

Pain is a Greek word derived from the name **POINE**, the Greek Goddess of revenge.

### **DEFINITION OF PAIN:**

International Association for the Study of pain has defined “pain as an unpleasant sensory and emotional experience associated with actual or potential tissue damage. Pain is always underestimated and under treated. Pain relief is an important goal of Anaesthesia.

Any degree of pain is significant to a patient. It is argued that any amount of reduction in the pain is beneficial, when the treatment is not associated with any adverse effect. It makes a difference in duration of hospital stay and time of ambulation.

### **PAIN IN LAPAROSCOPIC SURGERY:**

In abdominal surgeries, the cause of pain is



## 1. Somatic

## 2. Visceral.<sup>3</sup>

Somatic pain is due to skin incision and the visceral pain is due to handling of the intestine and peritoneal inflammation. During open surgeries, both somatic and visceral pain will be present which may not be tolerable to a patient without adequate analgesia. In Laparoscopic surgeries somatic pain is very less due to a small skin incision. But visceral pain is more prominent due to visceral nociceptor stimulation. Visceral Pain may occur due to rapid distension of peritoneum, intraperitoneal inflammation, traction of nerves and vessels, diaphragmatic irritation (shoulder tip pain).

Post laparoscopic pain can be minimized by following ways<sup>1</sup>:

- creating the pneumoperitoneum slowly ,
- aspiration of gas under the diaphragm which lets out the residual CO<sub>2</sub> ,
- keeping gas drain,
- using low pressure and heated gas,
- using nitrous oxide pneumoperitoneum,
- instillation of local anaesthetics under the diaphragm,
- rectus sheath block,
- surgery under subarachnoid block,

- peri- operative NSAID'S and opioids.

Intra peritoneal local anaesthesia is a simple, cheap and safe method of providing post operative analgesia.

### **MECHANISM OF ANALGESIA:**

Intraperitoneal local anaesthetics acts by blocking the visceral nociceptors, thereby, decreasing the visceral pain in laparoscopic surgeries. It also has anti inflammatory action and prevents peritonitis and bowel adhesion. Visceral nociceptors will be stimulated by handling of the viscera and the peritoneum causing inflammation and pain.

## **AIM OF THE STUDY**

Aim of the study is to evaluate the efficacy of intraperitoneal instillation of local anaesthetics for post operative pain relief after laparoscopic abdominal surgeries and compare the efficacy of two different local anaesthetics- Bupivacaine vs Ropivacaine in terms of

1. Duration of post operative pain relief
2. 24 hour post operative analgesic requirement
3. Post operative nausea and vomiting
4. Post operative hemodynamic changes like pulse rate, Blood pressure.
5. Complications

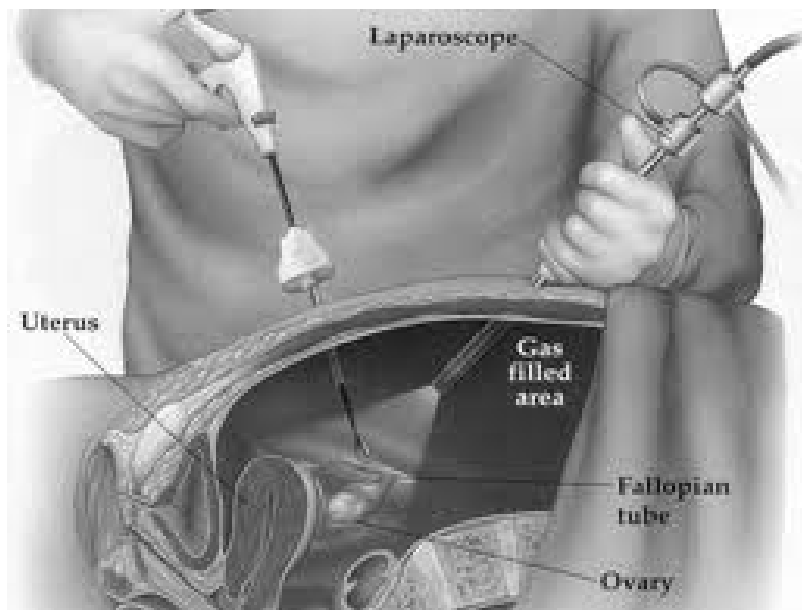
## **LAPAROSCOPIC SURGERY AND ANAESTHESIA<sup>4</sup>:**

Laparoscopic surgeries are minimal invasive surgeries during which an inert gas is insufflated into the abdomen to diagnose and operate. It is used in gastrointestinal, gynecological , urological and vascular surgeries.

### **PHYSIOLOGICAL CHANGES DURING LAPAROSCOPY:**

During laparoscopy certain patho physiological changes occurs in the patients. Creation of pneumoperitoneum and alteration of patient position predispose to these changes.

#### **LAPAROSCOPIC SURGERY**



## **CHANGES THAT OCCUR DUE TO PNEUMOPERITONEUM:**

### **Respiratory changes:**

Insufflation of gas into the peritoneal cavity causes decrease in thorocopulmonary compliance, basal atelectasis due to elevation of diaphragm, decrease in functional residual capacity leading to ventilation perfusion mismatch. PaCO<sub>2</sub> will increase progressively and will reach a plateau in 15 to 30 minutes after CO<sub>2</sub> pneumoperitoneum.

Causes of increase in PaCO<sub>2</sub> is multifactorial. This might be due

- to impaired ventilation,
- absorption of CO<sub>2</sub> from the peritoneum,
- ventilation perfusion mismatch and
- Patient positioning.

If laparoscopy is done under local anesthesia, this hypercapnia will be compensated by increase in respiratory rate in such spontaneously breathing patients.

## **Cardiovascular changes with pneumoperitoneum:**

In laparoscopic surgeries, marked hemodynamic changes occur in cardiovascular system due to the effect of CO<sub>2</sub> absorption, positioning of the patient, anesthetic agents and pneumoperitoneum per se.

When the intra abdominal pressure is >10mmhg, it will cause inferior vena caval compression and pooling of blood in the lower extremities, which decreases the venous return to the heart thereby reducing the cardiac output.

Degree of change in cardiac output depends upon the change in the intra abdominal pressure. When the intra abdominal pressure is < 10mmHg, hemodynamic alteration is not significant. Significant alteration in hemodynamics occurs, when the intra abdominal pressure is > 10 mmHg after insufflation.

Increase in intra-abdominal pressure also increases intra thoracic pressure, which increases the peripheral vascular resistance. Mechanical stimulation of peritoneal receptor releases catecholamines and vasopressin, which contributes to increase in the peripheral vascular resistance.

Arrhythmias can also occur during laparoscopy. Sudden stretching of the peritoneum will stimulate the vagus nerve inducing arrhythmias including bradycardia and asystole.

## **Changes in the regional blood flow**

Due to pneumoperitoneum and head up position, venous stasis in the lower extremities can occur, which may predispose to deep vein thrombosis. It also decreases the renal blood flow, glomerular filtration, and urine output. But after deflating the abdomen, renal blood flow increases and hence the urine output.

## **PROBLEMS DUE TO POSITIONING:**

### **Cardio Vascular system:**

Due to head down position, there will be a rise in central venous pressure which in turn raises the cardiac output. Stimulation of baroreceptors causes systemic vasodilatation and bradycardia. This position also increases intracranial tension and intra ocular tension.

### **Respiratory system**

Head down position causes elevation of the diaphragm which may cause basal atelectasis, reduction in functional residual capacity and lung compliance. It also increases the airway pressure. These changes are more marked in obese, old and debilitated patients.

### **Nerve compression:**

Head down position may cause hyper abduction of the arm, which predisposes to brachial plexus injury. If the patient is placed in lithotomy position for a long time (gynecological surgeries), it may injure the common peroneal nerve.

## **ANAESTHETIC TECHNIQUES**

Laparoscopic surgery can be done under

1. Local anaesthetic infiltration
2. Epidural anaesthesia
3. Spinal anaesthesia
4. General anaesthesia

## **LOCAL ANAESTHESIA:**

In local anaesthesia with intravenous sedation, short gynaecological procedures like laparoscopic sterilization can be done.

## **ADVANTAGES:**

- Early recovery
- Less post operative Nausea and vomiting.



- Less hemodynamic changes
- Early diagnosis of complications.

### **DISADVANTAGES:**

- Patients anxiety
- Pain

### **Regional anaesthesia:**

In laparoscopic surgery under Epidural and spinal anaesthesia, muscle relaxation will be very good but a higher level is needed. Post operative shoulder tip pain will not be present in epidural or spinal anaesthesia.

### **Advantages:**

- Less usage of sedatives and Narcotics.
- Good muscle relaxation
- Less shoulder tip pain
- Good post operative pain relief

### **COMPLICATIONS:**

Complications are common after any surgery. Laparoscopic surgery is not an exception either. Complications common with laparoscopic surgeries are

- Pneumo thorax.
- Pneumo mediastinum
- Pneumo pericardium
- Endo bronchial intubation – due to endotracheal tube migration
- CO<sub>2</sub> gas embolism
- Risk of Aspiration.
- Intestinal injuries
- Vascular injuries

Although all the above mentioned complications are related to surgery, Anaesthetists must be adequately prepared to diagnose and respond to the complications.

### **Post operative changes after laparoscopic surgery:**

Stress response:

Though Laparoscopic surgeries are less invasive, the stress response that occurs in a patient undergoing Laparoscopic surgery is similar to an open surgery. Plasma cortisol, catecholamine level, urinary cortisol, urinary catecholamine level were same after both surgeries.

### **Post operative pulmonary dysfunction:**

Postoperative respiratory dysfunction is less after laparoscopic procedure than open procedures. It is more common after upper abdominal laparoscopic surgeries than pelvic laparoscopic surgeries. It is more severe in older patients, known COPD patients and obese patients.

### **Pain:**

Post operative pain is more in open abdominal surgeries. Laparoscopic surgery allows a greater reduction in post operative pain and analgesic consumption. After a Laparoscopic surgery, patients complain more of visceral pain (Biliary colic, pelvic spasm and shoulder tip pain) than parietal pain.

### **Post operative Nausea & Vomiting:**

Intra operative opioid and Nitrous oxide contributes to postoperative nausea and vomiting. Intraoperative propofol use for induction, draining the gastric

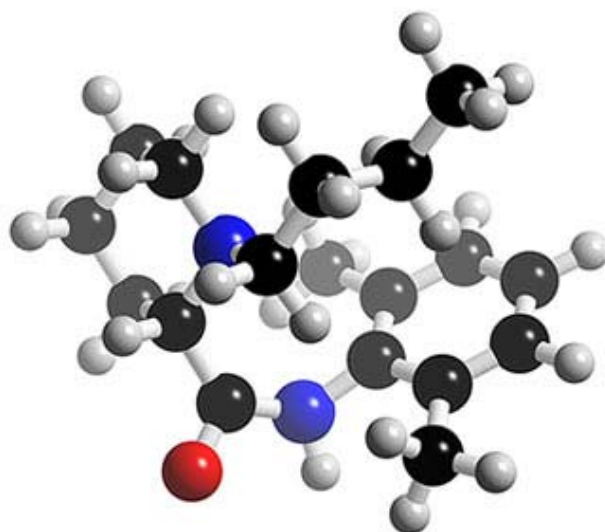
contents, intraoperative use of Droperidol, transdermal scopolamine all can reduce post operative nausea and vomiting markedly.

Alternatives to CO<sub>2</sub> Pneumo peritoneum:

1. Helium gas
2. Argon gas
3. Nitrous oxide Pneumo peritoneum
4. Gasless Laparoscopy – Abdominal wall lift method

## PHARMACOLOGY OF BUPIVACAINE<sup>5</sup>

### BUPIVACAINE



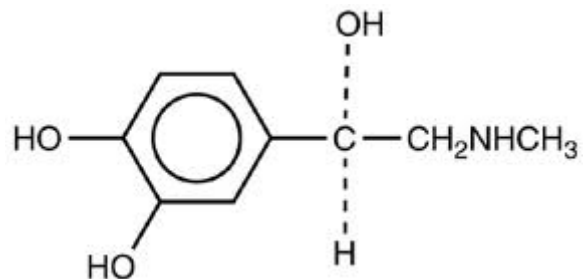
Bupivacaine is an amide group of local anaesthetic agent.

**A.F.EKENSTAM** first used Bupivacaine.

### PHYSIO CHEMICAL PROPERTIES

It is 1-butyl piperidoxylidide. Clinically it is used as a racemic mixture containing both 'R' and 'S' form.

It has a longer duration of action, moderate onset of action, highly potent, highly plasma protein bound, highly lipid soluble. It crosses the placenta and blood brain barrier because of its high lipid solubility.



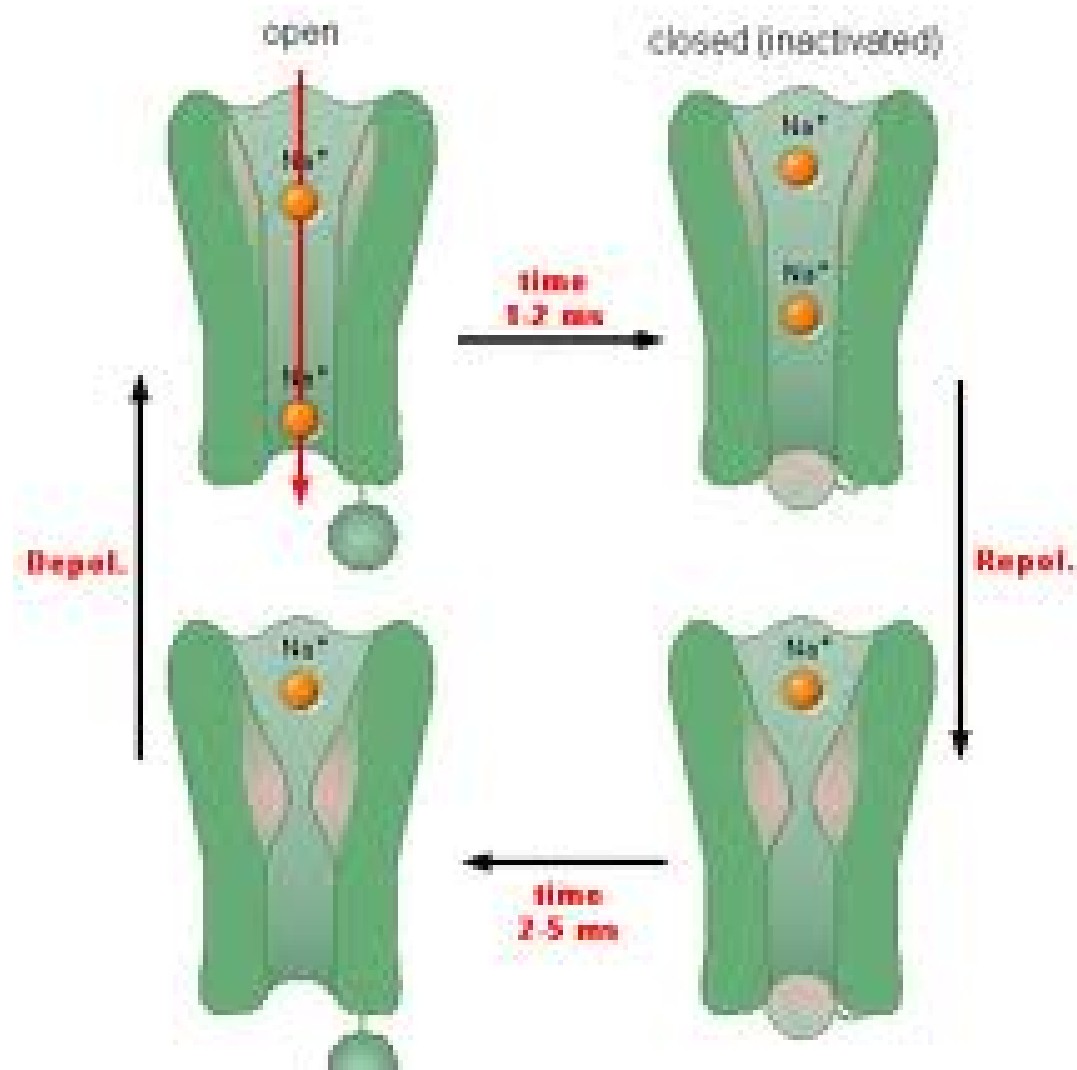
**BUPIVACAINE**

1. Pka	-	8.1
2. Molecular weight	-	288
3. Protein binding	-	95%
4. Lipid solubility	-	28
5. Elimination half life	-	210 minutes
6. Toxic plasma concentration	-	5 to 10µg/ml

## MECHANISM OF ACTION:

Bupivacaine acts by blocking the voltage gated sodium channels in the neurons and delays the process of depolarisation.

### VOLTAGE GATED SODIUM CHANNEL



## **PHARMACO KINETICS:**

### **Absorption:**

It mainly depends upon the site of injection, dosage, volume, addition of vasoconstrictors. Due to high lipid solubility, it easily enters the nerves and the blood vessels.

### **Distribution:**

It occurs in 2 phases -  $\alpha$  phase,  $\beta$  phase.

**$\alpha$  phase**     -   rapid uptake                      –   highly perfused organ

**$\beta$  phase**       -   slow redistribution   –   moderately perfused organ

### **Metabolism:**

It occurs in the liver by N-dealkylation, amide hydrolysis and conjugation into pipecolyloxlidine.



**Excretion:**

5% of Bupivacaine excreted unchanged in kidney

**PHARMACOLOGICAL EFFECT:**

Local - it blocks the nerve conduction.

Regional - touch, pain, temperature, motor, Vascular tone will be lost in that region

Systemic effect - cardio vascular and CNS toxicity

**ROUTES OF ADMINISTRATION:**

1. Sub arachnoid space.
2. Epidural space.
3. Peripheral nerves.
4. Local infiltration.
5. Skin surface

**RECOMMENDED MAXIMUM DOSE:**

2-3mg/kg

**TYPE OF ANAESTHESIA AND CONCENTRATION:**

1. Spinal anesthesia - 0.5%

2. Epidural anesthesia - 0.25% - 0.75%
3. Peripheral nerve block - 0.25% - 0.5%
4. Infiltration - 0.25% - 0.5%

## **TOXICITY:**

Bupivacaine causes systemic toxicity whenever the plasma concentration exceeds to exert the cardiovascular, central nervous system side effect.

### **Cardio Vascular toxicity:**

Bupivacaine blocks the cardiac sodium channel and decreases the myocardial automaticity and decreases rapid depolarisation phase to produce prolonged myocardial depression. So intravascular injection causes hypotension, AV block, and arrhythmias like ventricular fibrillation.

### **CNS toxicity:**

When compared to cardiovascular system, central nervous system is more vulnerable to Bupivacaine toxicity. Initial symptoms of CNS toxicity are circum oral numbness, paresthesia, dizziness, blurring of vision, followed by restlessness, agitation, confusion followed by generalized tonic clonic seizure.

**TREATMENT:**

Treatment includes immediate resuscitation measures, oxygenation, ventilation, airway care, circulatory support. Inj.Thiopentone 1-2 mg/kg to terminate seizure. Intralipid 20% 1.5 ml/kg followed by 0.25ml/kg/min infusion for next 10 hours, Bretylium and Amiodarone can be given for resistant ventricular tachycardia.

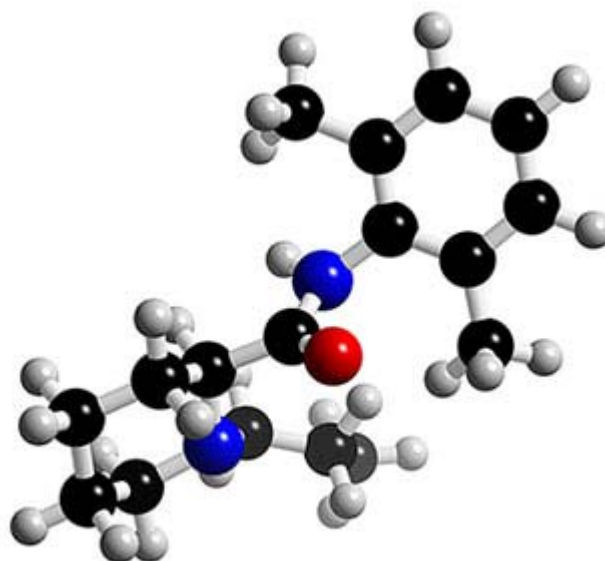
**CONTRAINDICATIONS:**

Hyper sensitivity to local anaesthetic agent.

Intravenous regional anaesthesia

## **PHARMACOLOGY OF ROPIVACAINE**

### **ROPIVACAINE:**



Ropivacaine is a amide group of local anaesthetics first synthesized in 1957 which have a structure of 1-propyl,2,6-pipecoloxylidide. It is available as S- enantiomer.

### **PHYSIO CHEMICAL PROPERTIES:**

1. Molecular weight - 274

2. pKa - 8.1
3. Lipid solubility - less
4. Protein binding capacity - 94
5. Onset - moderate
6. Duration -
7. Elimination t<sub>1/2</sub> - less than bupivacaine.

### **MECHANISM OF ACTION:**

Ropivacaine acts by blocking the voltage gated sodium channel by binding with the  $\alpha$  subunit of sodium channel from inside the cell. So it prevent the rate of raise and magnitude of action potential.

### **PHARMACO KINETICS:**

#### **ABSORPTION:**

Absorption of ropivacaine from the site of deposit is influenced by site, dose , concentration and addition of adrenaline. Apart from this, age , cardiac function , hepatic functions also determine the absorption.

**Distribution :**

Similar to Bupivacaine, it has dual phase distribution in which Ropivacaine initially distributed into highly perfused organs like Brain and heart followed by least perfused organ like skin and muscle.

**Metabolism :**

Ropivacaine is metabolized in the liver by aromatic hydroxylation and N- dealkylation by liver microsomal enzymes. The metabolite was 2,6 pipecoloxylidide and 3- hydroxyl ropivacaine. Among the amide group Bupivacaine and Ropvaciane under go slowest metabolism.

**Excretion :**

Ropivacaine gets excreted in urine as 1% as unchanged. Clearance of Ropivacaine is higher and elimination half life is shorter when compared with Bupivacaine. So when compared with Bupivacaine, Ropivacaine is least toxic and short duration.

## **PHARMACOLOGICAL PROPERTIES:**

Local - it blocks the nerve conduction.

Regional - touch, pain, temperature, motor, vascular tone will be lost in the region. Sensory block is more than motor block with Ropivacaine

Systemic effect - cardio vascular and Cns toxicity

## **CLINICAL USES :**

1. Sub arachnoid block - 0.75%
2. Epidural - 0.5 to 1%
3. peripheral nerve block - 0.5 to 1%
4. Infiltration - 0.2 to 0.5%

## **RECOMMENDED MAXIMUM DOSE:**

2-3 mg / kg

## **TOXICITY :**

Toxic profile of Ropivacaine is lower than Bupivacaine.

**Cns toxicity :**

Peri oral numbness , dizziness , tinnitus , blurring of vision , finally convulsions may occur.

**Cardio vascular Toxicity :**

Accidental intra vascular injection may causes Hypo tension , Brady cardia ,arrhythmia like ventricular fibrillation, ventricular tachycardia, heart block, Cardiac arrest .

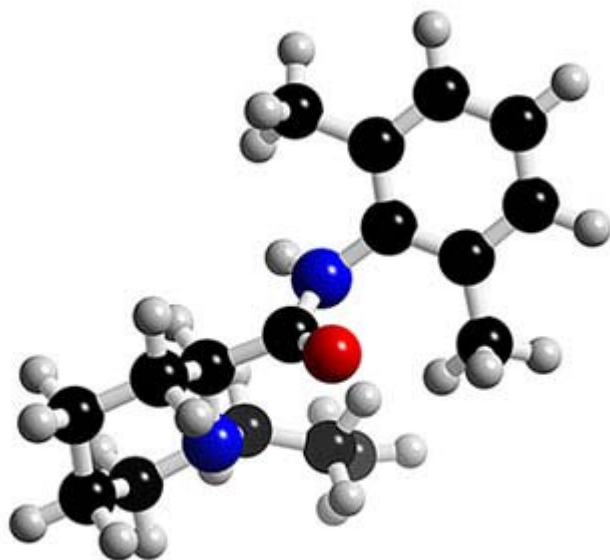
**TREATMENT OF TOXICITY :**

1. Maintenance of Airway , Breathing , Circulation
2. Treating the convulsion with Inj, Thio pentone , Midazolam.



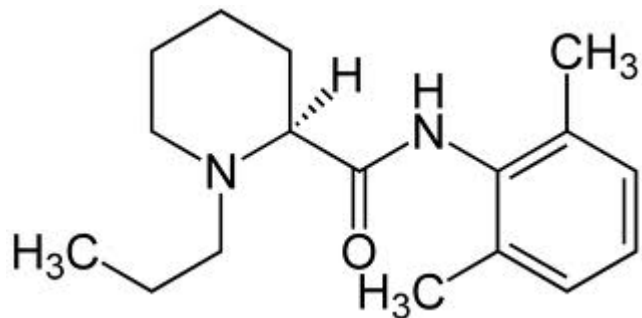
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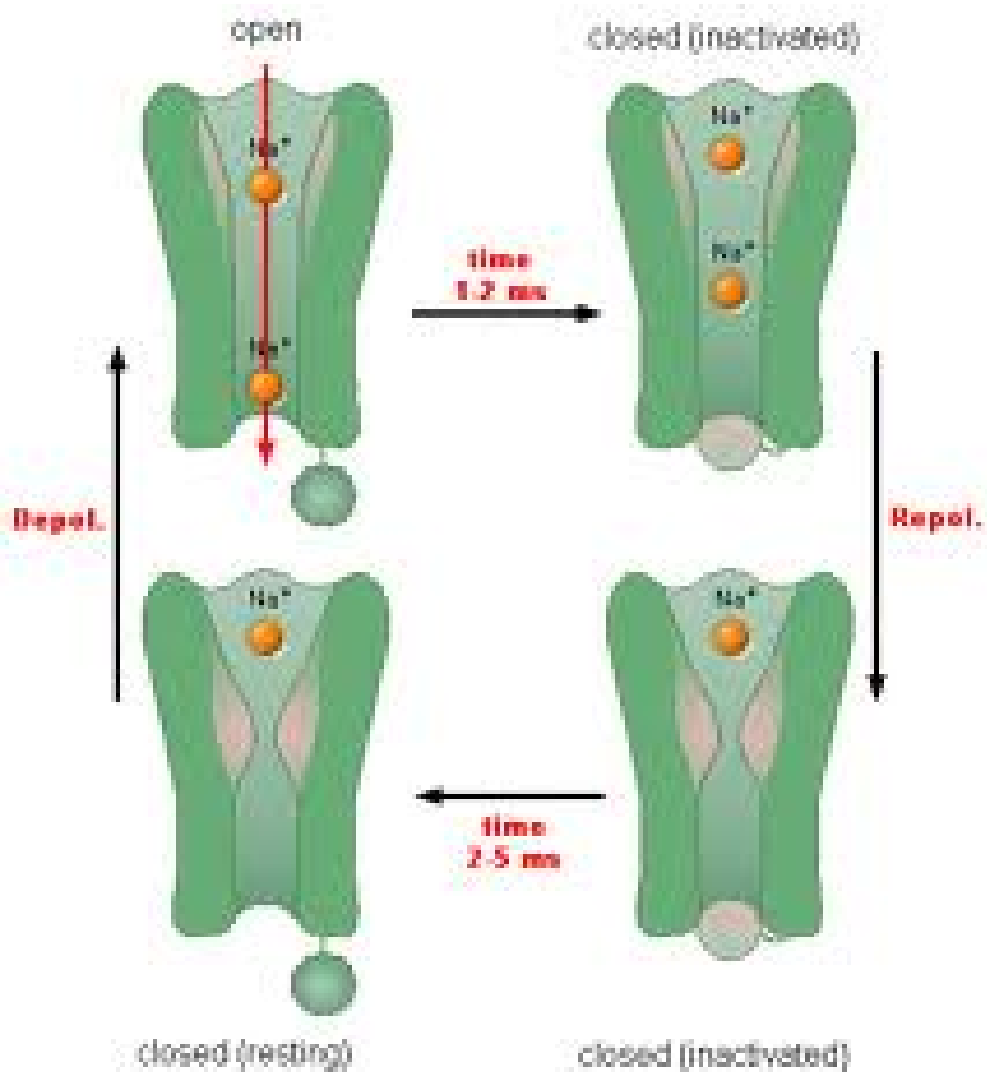
### **PHYSIO CHEMICAL PROPERTIES:**

1. Molecular weight        -        274
2. pKa                        -        8.1
3. Lipid solubility        -        less
4. Protein binding capacity-    94
5. Onset                      -        moderate
6. Duration                  -        200 – 360 min

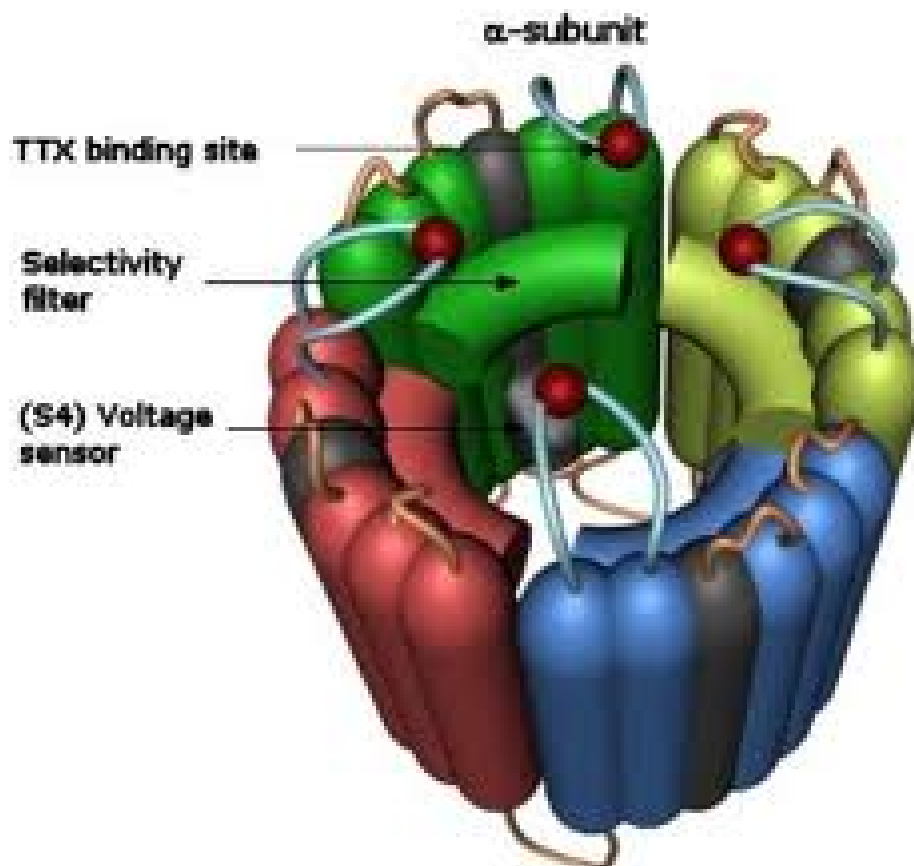
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## Voltage gated sodium channel



$\alpha$  sub unit of sodium channel



## **PHARMACO KINETICS:**

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### **Cardio vascular Toxicity:**

Accidental intra vascular injection may causes Hypotension, arrhythmias like bradycardia, ventricular fibrillation, ventricular tachycardia, heart block and even cardiac arrest.

## **TREATMENT OF TOXICITY:**

Treatment includes immediate resuscitation measures, oxygenation, ventilation, airway care, circulatory support. Inj. Thiopentone 1-2 mg/kg to terminate seizure, Intralipid 20% 1.5 ml/kg followed by 0.25ml/kg/min infusion for next 10 hours, Bretylium and Amiodarone can be given, if necessary.

## REVIEW OF LITERATURE

1. **Andrei Goldstein and Patrik Grimault etal<sup>6</sup>** compared the effects of intraperitoneal local anesthetic instillation for reducing the post operative pain and morphine consumption, which was assessed while the patient wakes up and on the first post operative day, after laparoscopic gynecological surgeries

Totally 180 patients were taken in their study and were randomly divided into 3 groups. Group B received 20ml of 0.5% Bupivacaine with 1:200,000 Adrenaline, group R received 20ml of 0.75% Ropivacaine. They used numerical pain scale for pain assessment and four point scale for evaluating postoperative nausea and vomiting. Inj.Morphine i.v was given as rescue analgesia whenever the numerical scale was  $>4$  and further dose of subcutaneous morphine was given to keep the VAS  $<4$ .

There was a statistically significant reduction in the post-operative pain in both Ropivacaine and Bupivacaine group when compared with saline group. Total Morphine consumption in 24 hrs postoperative period in group B was  $3.08\text{mg} \pm 5.12$  (mean  $\pm$  2 SD), group R was  $0.69\text{mg} \pm 1.58$ , group S was  $12.93\text{mg} \pm 9.30$ . Morphine consumption at wake up in group B was  $0.92\text{mg} \pm 2.27$ , group R was  $0.25 \pm 1.89$ , group S was  $4.18 \pm 3.98$ . There was a significant reduction in post operative nausea and vomiting in both groups compared with saline group.



2. **H.kang,B.Gkim et al<sup>6</sup>** studied about the effectiveness of intra peritoneal instillation of Ropivacaine in laparoscopic appendicectomy. It was a randomized double blinded prospective study in which totally 63 patients were allocated into 2 groups. group C received normal saline and group I received 2mg/kg Ropivacaine intra peritoneally after creating the pneumoperitoneum.

VAS score, total Fentanyl requirement, frequency of pushing the button in PCA noted.

There was a considerable reduction in pain score in group I compared with group C ( $p < 0.005$ ). Total amount of Fentanyl consumed in the study in control group was 420µg compared with Ropivacaine group which was about 300µg. Frequency of pushing the button in PCA was lower in Ropivacaine group compared to control group. There was no significant difference in vomiting incidence and duration of hospital stay between the two groups. No complication was noted between the groups. (The journal of international medical research 2010 ,38,821-832)

3. **Alexander et al<sup>7</sup>** have conducted a meta analysis about the efficacy of intraperitoneal instillation of local anaesthetics.

They have taken totally 24 various randomized control studies to analyse. Their analysis have included the studies which used Bupivacaine, Levobupivacaine, Ropivacaine, Lignocaine, Bupivacaine with Adrenaline for intra peritoneal instillation. They analyzed the effect of local anaesthetics on the VAS score(0-100mm) /verbal pain score (0-10) /additional dose of analgesic requirement /frequency of analgesic requirements.

Among them, 12 studies showed a statistically significant pain relief during the first 4 hours with weighted mean difference VAS of 9mm with 95% confidence interval (-13 to 15 mm). Weighted mean difference VAS measured before the surgical dissection was 6mm (95% confidence interval -10mm to -2mm) and after the surgical dissection was 13mm (95% confidence interval -19mm to -8mm). There was no significant adverse effect noted in any trials.(Anaesthesia Analgesia September 2006 vol 102,682-688)

4. **N.Malhotra et al<sup>8</sup>** studied about the effect of intraperitoneal Bupivacaine for post operative pain relief after gynecological surgeries.

They have taken the patients, who have undergone Laparoscopic gynecological surgery under ASA I,II. They have divided the patients into 2 groups. 50mg of 0.125% Bupivacaine was given intraperitoneally to Bupivacaine

group and 30ml of saline was given intraperitoneally to saline group. Post operative VAS score, time and dose of analgesic requirements were noted.

VAS score was significantly less in Bupivacaine group(mean VAS=2) when compared to saline group (mean VAS 6,4) at 2<sup>nd</sup> hour and 4<sup>th</sup> hour with p value(<0.0001) but there was no difference after 6<sup>th</sup> hour and 8<sup>th</sup> hour with mean VAS 3,3 and 4,5 in both group at 6<sup>th</sup> hour and 8<sup>th</sup> hour. There was a significant difference in analgesic requirement between 2 groups with p value 0.006. There was no significant difference in nausea, vomiting, shoulder tip pain between 2 groups.(The Internet Journal of Gynecology and Obstetrics. 2006 Volume 5)

5. **J. W. Szem, L. Hydo et al<sup>9</sup>** conducted a study about the effect of intraperitoneal instillation of Bupivacaine for controlling the post operative pain after laparoscopic cholecystectomy. There were totally 55 patients for evaluation. Among the 55 patients 26 were received 0.1% Bupivacaine as 100ml irrigation solution over the hepato diaphragmatic surface before the dissection. 29 patients received saline intraperitoneally in the same manner.

Duration of post operative pain relief, post operative analgesic usage, incidence of post operative nausea, vomiting noted.

There was a significant reduction in post operative pain in Bupivacaine group when compared with saline group with p value <0.005. There was no

reduction in analgesic requirement, post operative nausea ,vomiting or pain at the shoulder tip.(Journal of Surgical Endoscopy January 1996, Volume 10, Issue 1)

6. **Muhammad Riswan khan et al<sup>10</sup>** conducted a study in 206 patients about the efficacy of intraperitoneal instillation of two different local anesthetics.

All the 206 patients were randomly allocated into 2 groups of which group L received 10ml Of 2% lignocaine and group B received 10 ml of 0.5%Bupivacaine intraperitoneally.

Abdominal pain was less in both Bupivacaine and the Lignocaine group with a P value <0.001 .When compared with lignocaine group(87%), little higher dose of opioid was needed for Bupivacaine(94%) group p=0.057. They found out that there was no significant difference in pain relief in between group L,B. (Journal of Surgical Research)

7. **CananKucuk et al<sup>11</sup>** in their study compared Placebo with Bupivacaine, Ropivacaine in two different doses in the prevention of post-operative pain after laparoscopic cholecystectomy.

Totally 80 patients were taken, and they randomly divided into 4 groups - group S, group R1, group R2, group M who received saline, Ropivacaine 100mg-with Adrenaline 1:200,000, Ropivacaine 150 mg-with Adrenaline1:200,000, Bupivacaine 100 mg respectively inside the peritoneum after the end of the

surgery. They used PCA pump for post-operative analgesic delivery. They compared the VAS score, 24 hour morphine requirement, sedation, hemodynamics, respiratory rate in the postoperative period over 24 hours.

There was a significant reduction in the VAS score in all 3 groups except saline group in 1,2,12 hours. Total dose of morphine consumed in saline group is significantly higher when compared with the other groups with  $p$  value  $<0.001$  in all the 24 hours. Within the group, morphine consumption is significantly less in group R2. There was no significant difference in MAP, Heart rate, respiratory rate, sedation scale, complications in between all the 4 groups. (Surgery Today (2007)

8. [Todorov G et al](#)<sup>12</sup> compared the effect of intraperitoneal Levo bupivacaine to relieve the pain after laparoscopic cholecystectomy. There were two groups studied of which one received inj. Levo Bupivacaine, another group received saline injection intraperitoneally after the dissection. Visual analogue scale and total need of analgesics was compared post operatively.

There was a significant reduction in abdominal pain in Levo Bupivacaine when compared with the saline group at second hour ( $p=0.038$ ), sixth hour after surgery ( $p=0.028$ ).and Levo Bupivacaine group consumed less analgesia. ([Khirurgiia \(Sofia\)](#)).

9. [Kocamanoglu](#) et al <sup>13</sup>. They and their colleagues studied about the use of intraperitoneal Bupivacaine and Ropivacaine to relieve the abdominal pain and shoulder pain after laparoscopic surgery. They have taken totally 55 patients of which 17 received 20ml of 0.5% Bupivacaine, 18 patients received 20 ml of 0.75% Ropivacaine intraperitoneally. Post operative pain was noted for 24 hours. They concluded the study with results in which shoulder pain were less in groups received Bupivacaine and Ropivacaine intraperitoneally. (PMID:16552651 PubMed )

10. **Artemisia et al** <sup>14</sup> conducted a trial in 71 patients about the repeated instillation of local anesthetics (Levo Bupivacaine) intraperitoneally to relieve the pain after surgery.

Totally 2 groups of which one group received 0.5% Bupivacaine intraperitoneally after the dissection and eight hours after surgery. Control group received saline in the same period. They compared the VAS score, opioid requirement in two groups. Levo Bupivacaine group showed less visual analogue scale when compared with saline group. Total Fentanyl requirement was significantly less in the study group when compared with the saline group.

11. **Alkhamesi et al**<sup>15</sup> conducted a study about the intraperitoneal effect of local Anesthetics to decrease the pain after laparoscopy surgeries.

Total 80 patients were divided into 4 groups. Each group received aerosolized Bupivacaine, saline and local infiltration of Bupivacaine in bladder bed compared with control group .Pain score and the opioid requirement were compared which were significantly lower in Bupivacaine group compared with the other group (Pub med:17180268).

12. **Hernández et al**<sup>16</sup> They in their study added morphine with Bupivacaine and gave intraperitoneally to assess the efficacy of pain relief after laparoscopic cholecystectomy.

Among the 90 patients 30 received 30ml of 0.25% Bupivacaine, 30 patients got 30ml of 0.25% Bupivacaine with 2mg morphine intraperitoneally, 30 patients were in control groups. Pain score (VAS, VRS), total dose of Metamizol via PCA were noted.

Results were analyzed. Except during the second hour there was no difference in the pain score in all the 3 groups. Metamizol consumption was significantly lower in both group 1,2( $p<0.05$ ).

13. [Mraović B et al](#)<sup>17</sup> compared totally 80 patients. They randomly divided them into 2 groups, Out of which one group received 15ml of 0.5%

Bupivacaine, both during the starting of the surgery and after the surgery. Second group received saline in the same manner. VAS scale was compared at half an hour, 4, 8, 12, 24 hours post operatively.

Pain score was lower in study group when compared with saline group. But this difference was upto 8 hours. Analgesic requirement were lower in study group.

14. [Barczyński M et al](#)<sup>18</sup> Their study evaluated the optimum timing for instillation of local anesthetics intraperitoneally to give maximum analgesic effect.

There were totally 4 groups. Out of which, one group received 2mg/kg Bupivacaine instilled before CO<sub>2</sub> insufflation (A group), 2<sup>nd</sup> group received the same dose after insufflation (B). 3<sup>rd</sup> (C), (D) 4<sup>th</sup> group received saline in the same manner. Post operative VAS score, analgesic need, rate of analgesic requirement



noted. Lower VAS scores were recorded in Bupivacaine group at 4<sup>th</sup>, 8<sup>th</sup> hour and not after that. Compared to B, C, D group, A had less shoulder tip pain, lower analgesic need, long latency of analgesic requirement were noted. Intraperitoneal instillation of local anaesthetic agent before CO<sub>2</sub> insufflation was found to be more effective.

15. [Dreher JK et al](#)<sup>19</sup> They conducted a study about the effect of intraperitoneal local anesthetic agent after the laparoscopic gynecological surgeries. They used Ropivacaine 200mg intraperitoneally after the end of the surgery and compared with saline. VAS score, total opioid requirement, post operative vomiting compared.

Ropivacaine group showed less VAS(0.97) during the second post operative hour when compared with the saline group(2.03) which was statistically significant ( $p < 0.05$ ). Total Fentanyl requirement was less in study group 40 $\mu$  when compared with saline group 104  $\mu$ . Study group showed less(10%) nausea and vomiting compared with saline group(44%). ([Aust N Z J Obstet Gynaecol](#). 2000 Nov).

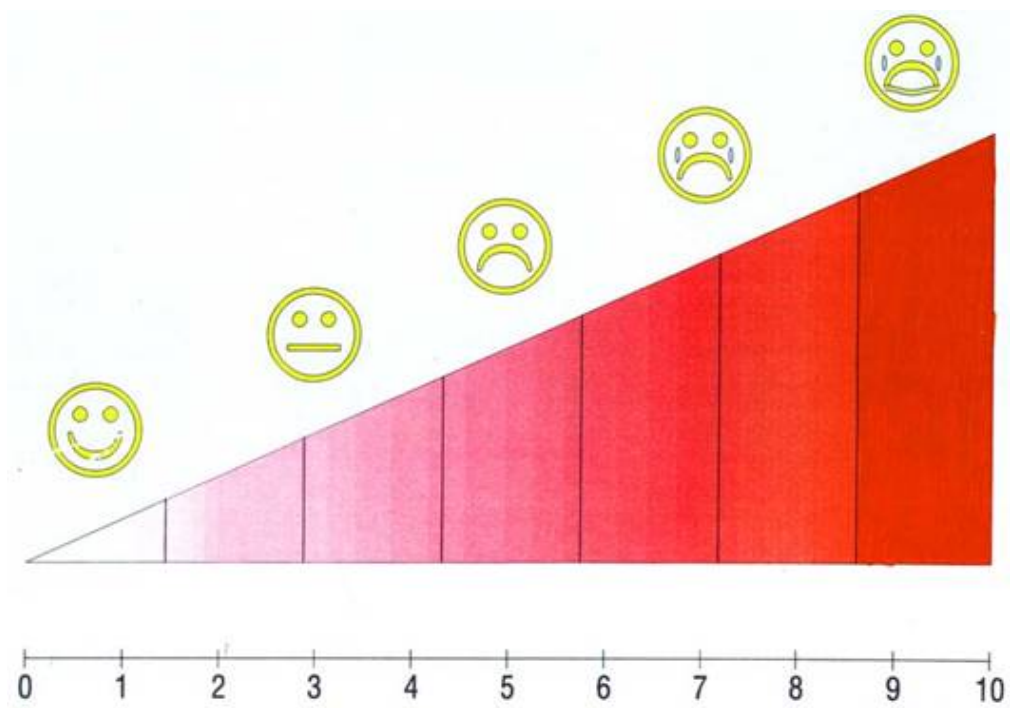
16. [Ahmed BH et al](#)<sup>20</sup> they analyzed totally 200 patients in their study. 200 patients were randomly allocated into 4 groups, group A-Control, group B received saline, group C received Bupivacaine, group D received Lignocaine

intraperitoneally. VAS scale, VRS scale were compared between 4 groups. other parameters like post operative nausea vomiting, analgesic needs were compared.

Results: Both groups C,D were showed better pain scale(VAS,VRS). Lignocaine showed better pain relief compared with Bupivacaine in their study.

**17. Bucciero M et al** compared intraperitoneal nebulisation of ropivacaine with saline. They have taken totally 60 patients of which 30 received 20 ml of 0.5% bupivacaine intraperitoneally and 30 patients received saline intraperitoneally after the pneumoperitoneum.

They have concluded the study in which there was no significant reduction in pain score in both groups. Patients who received Ropivacaine has less shoulder tip pain ( $p < 0.001$ ) and early ambulation compared with the control group.



## **MATERIALS AND METHODS:**

This study is a prospective, randomized, comparative study for evaluating the efficacy of intraperitoneal instillation of Bupivacaine 0.5% vs Ropivacaine 0.5% for post operative pain relief after elective laparoscopic abdominal surgeries.

Institutional ethical committee approval was obtained. Totally 90 patients were selected. After getting the informed consent from the patients they were randomly allocated into 3 groups, group B group R, group S.

## **SELECTION OF CASES:**

All the 90 patients both male and females were between the age group 16-70years who had been preoperatively assessed under ASA physical status I and II. They were posted for elective laparoscopic abdominal surgeries in the department of general surgery and department of surgical gastroenterology in Rajiv Gandhi Government hospital.

## **VENUE:**

General surgery and Surgical Gastroenterology theatres. Rajiv Gandhi Government hospital, Chennai.

## **STUDY DESIGN:**

The study was a Prospective, randomized, single blinded study in which the two groups, group B (Bupivacaine) and group R (Ropivacaine) were compared with the group C (control).

**INCLUSION CRITERIA:**

1. Patients of age 16 to 70 years.
2. ASA physical status I&II.
3. Patients posted for elective laparoscopic abdominal surgeries.
4. Patients who had given informed written consent.

**EXCLUSION CRITERIA:**

1. Patients not satisfying above inclusion criteria.
2. ASA PS III, IV&V.
3. Local anesthetics allergy.
4. Patients refusal.
5. Pregnancy.
6. Patients with CVS, respiratory, liver and renal diseases.
7. If any other surgeries combined with the laparoscopic surgery in the same sitting like incisional hernia, umbilical hernia.

## **STUDY GROUPS:**

- GROUP B – Bupivacaine group - patients received 2mg/kg of bodyweight 0.5% Bupivacaine intraperitoneally
- GROUP R – Ropivacaine group- patients received 2mg/kg of bodyweight 0.5% Ropivacaine intraperitoneally.
- GROUP C – control group–patient received 20 ml of 0.9% saline intraperitoneally

## **MATERIALS:**

- Intravenous set with iv fluid with 18G iv cannula
- Laryngoscope, airway, bougie, appropriate size endo tracheal tube
- Drugs- Thiopentone sodium, Glycopyrrolate, Fentanyl, Succinyl choline, Atracurium, Atropine, Adrenaline, Ephedrine, Ranitidine, Ondansetron, Bupivacaine 0.5%, Ropivacaine 0.5%, saline
- Monitors- NIBP, ECG, SPO2, temperature, ETCO2
- VAS chart

## **OUTCOMES MEASURED:**

### **Primary outcomes:**

1. Post operative pain relief using visual analogue scale(0-100mm)
2. Post operative total analgesic requirement
3. Duration of analgesia

### **Secondary outcomes:**

1. Post operative nausea and vomiting
2. Blood pressure (SBP, DBP, mean)

## **CONDUCT OF STUDY:**

Institutional ethical committee clearance was obtained. Totally 90 patients who satisfied the inclusion criteria posted for elective laparoscopic intra abdominal surgeries were selected for the study. They were randomly allocated into 3 groups.

Group B, R, S

## **ANAESTHESIA:**

After getting the informed consent, height and weight were measured; patients were shifted into the theatre. Local anesthesia test dose was given. After confirming the absence of allergic reaction, monitors were connected (ECG, NIBP, PR, ETCO<sub>2</sub> and SPO<sub>2</sub>). Basal parameters were noted.

Patients were premedicated with inj. Glycopyrrolate 0.04mg, pre oxygenated with 100% O<sub>2</sub> for 3min with bag and mask. Induction was carried out with inj. Fentanyl 2mcg/kg, inj. Thiopentone 5mg/kg and intubated with an appropriate size endo tracheal tube after a loading dose of inj. Atracurium (0.5mg/kg), maintenance of anesthesia was with N<sub>2</sub>O:O<sub>2</sub> 2:1, sevoflurane 1-2%, inj Atracurium 0.1mg/kg. No extra dose of analgesia was given intra operatively.

## **SURGERY:**

All the surgeries were done by trained surgeons. After skin incision 11mm trocar is introduced via umbilical port, abdomen is inflated with CO<sub>2</sub> 1 lit/min with intra abdominal pressure kept around 12-14mmHg, in all patients.

After the procedure gets over, abdomen was thoroughly washed to remove the blood clots and debris. Inj. Bupivacaine (preservative free) 0.5% 2mg/kg with 10ml distilled water/ Inj. Ropivacaine (preservative free) 0.5% 2mg/kg with 10ml distilled water /30ML of normal saline is instilled intra peritoneally under vision. After the removal of trocar, CO<sub>2</sub> gas was completely evacuated from the



abdomen. Patients were kept in Trendelenberg position for 10 minutes. If abdominal drain was present it was clamped. 4ml of 2% Lignocaine was infiltrated into the skin. During the surgery ET<sub>CO</sub> 2 value was maintained between 25 to 35 mmHg.

After the skin closure, adequate spontaneous ventilation and neuromuscular recovery patients were reversed with inj. Neostigmine 40 µ/kg and inj. Glycopyrrolate 0.4mg iv and extubated.

#### **POST OPERATIVE PERIOD:**

All the patients were shifted to PACU for observation. Primary and secondary outcomes were measured. VAS Score at 0, 1, 2, 3, 4, 5, 6, 10, 12, 24 hours were noted. Inj. Fentanyl 1 µ/kg i.v given as the rescue analgesia whenever the VAS score were more than 3. Total dose of Fentanyl required was noted in these periods. Time of the first rescue analgesic requirement was noted. Presence of complications was noted.

## **STATISTICAL ANALYSIS**

Statistical analysis were done with statistical package for social sciences (SPSS for windows, version 15)

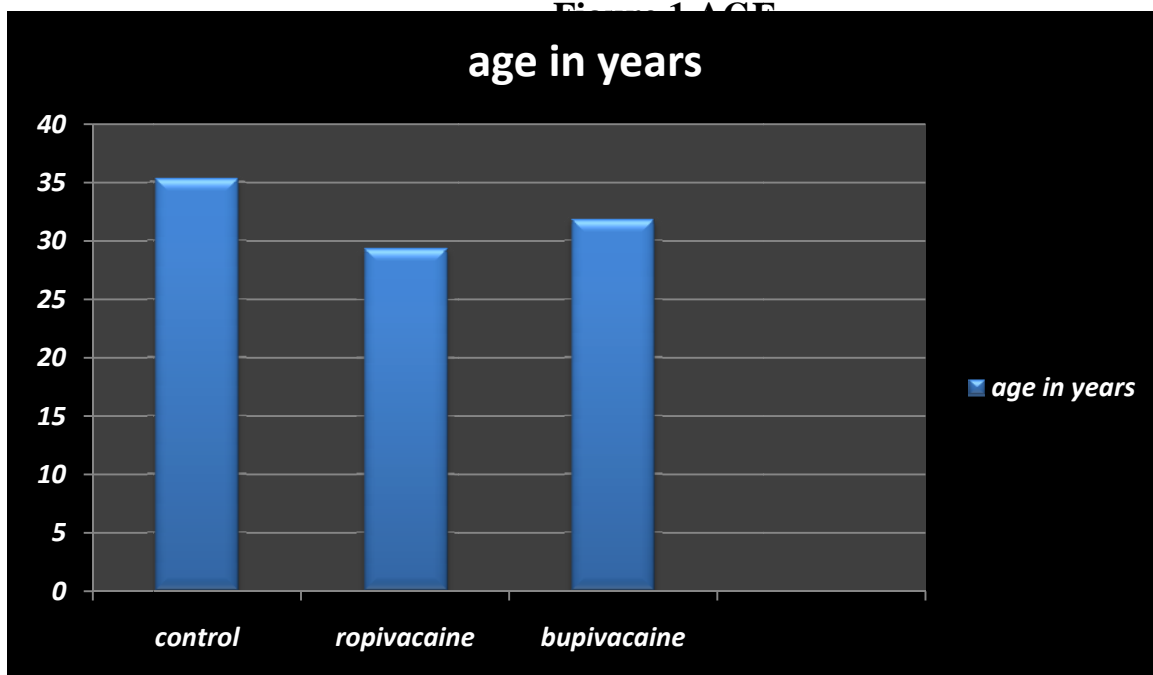
- Results are expressed as mean and standard deviation.
- All qualitative variants were compared using Chi Square test and quantitative variants using students't' test.
- A 'p' value of less than 0.05 was considered significant.

## OBSERVATION AND RESULTS

Totally 90 patients were included in our study. There was no significant difference in terms of age, sex, height, weight, BMI and duration of surgery between the three groups and shown in Table 1 to 5.

**Table 1.Demographic profile: Age**

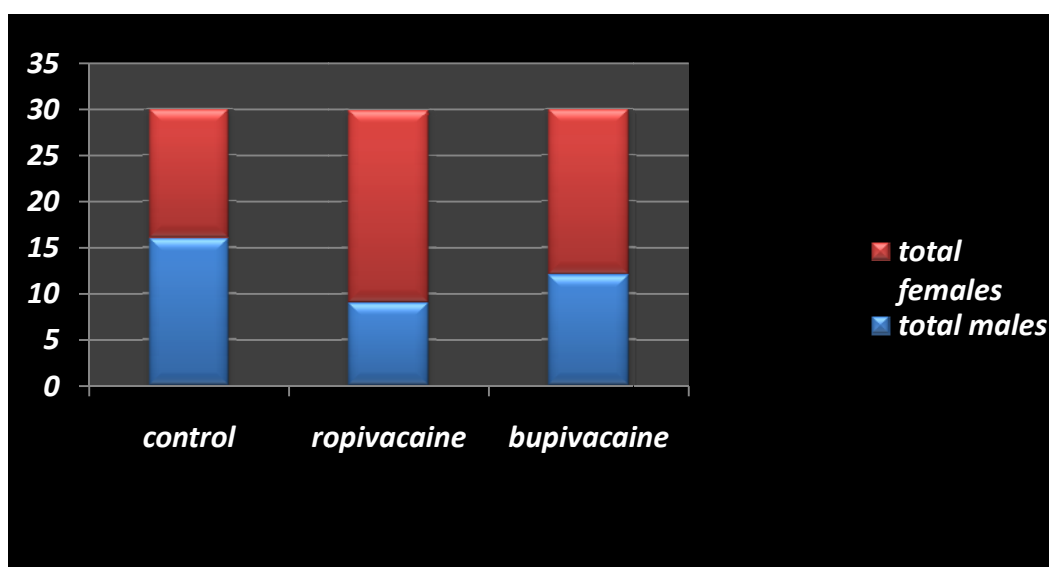
Group	Number	Mean	SD	P value
control	30	35.30	11.26	0.081 N.S
Ropivacaine	30	29.37	8.00	
Bupivacaine	30	31.80	10.91	



**Table 2.Demographic profile: Sex**

Group	Number	Male	female	P value
control	30	16	14	0.183 N.S
Ropivacaine	30	9	21	
Bupivacaine	30	12	18	

**Figure 2 SEX**



**Table 3 : Demographic profile : Weight**

<b>Group</b>	<b>Number</b>	<b>Mean</b>	<b>SD</b>	<b>P value</b>
control	30	60.57	8.67	0.245 N.S
Ropivacaine	30	59.60	11.16	
Bupivacaine	30	56.27	8.45	

**Table 4 Demographic profile: Height**

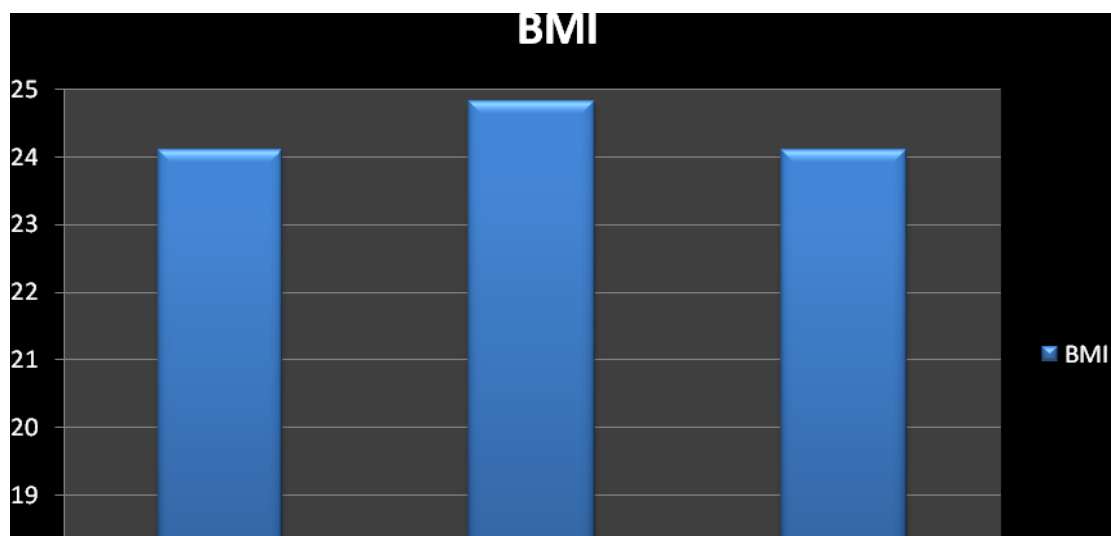
<b>Group</b>	<b>Number</b>	<b>Mean</b>	<b>SD</b>	<b>P value</b>
control	30	156.80	9.13	0.269 N.S
Ropivacaine	30	154.87	8.13	
Bupivacaine	30	152.97	9.23	

**Table: 5 Demographic profile BMI**

Group	Number	Mean	SD	P value
Control	30	24.11	3.66	0.711 N.S
Ropivacaine	30	24.83	4.33	
Bupivacaine	30	24.11	3.73	

**N.s – not significant**

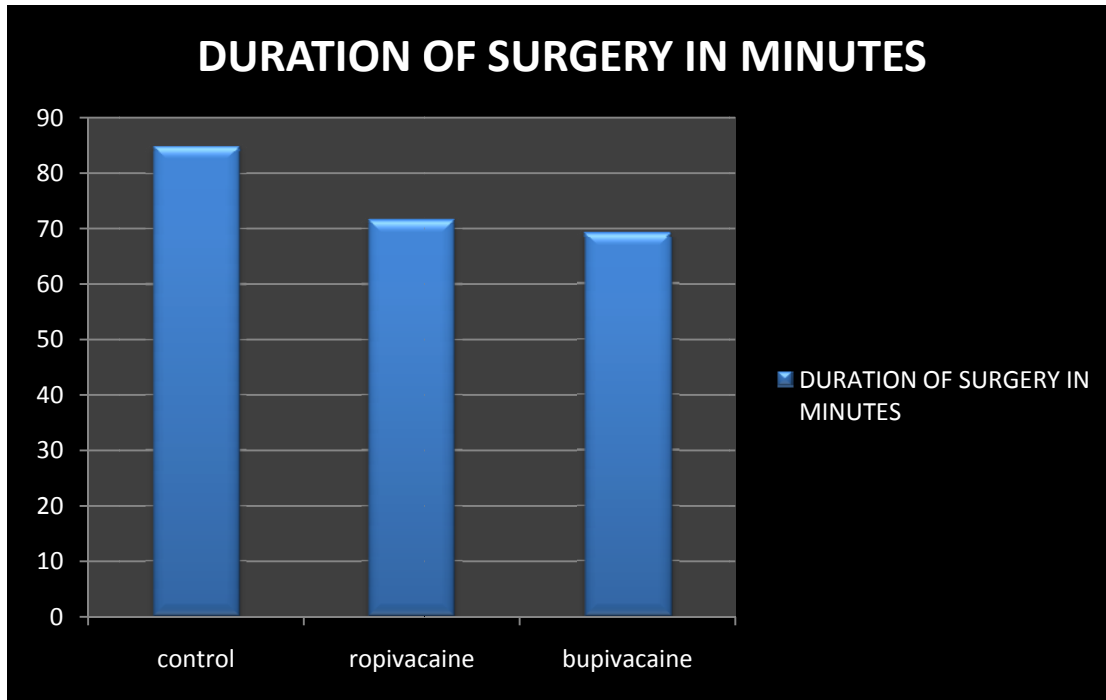
**Figure 3 BMI**



**Table: 6 DURATION OF SURGERY**

<b>Group</b>	<b>Number</b>	<b>Mean</b>	<b>SD</b>	<b>P value</b>
control	30	85	24.49	0.086 Not significant
Ropivacaine	30	71.67	37.77	
Bupivacaine	30	69.17	23.67	

**Figure 4 DURATION OF SURGERY**



### **VAS SCORE**

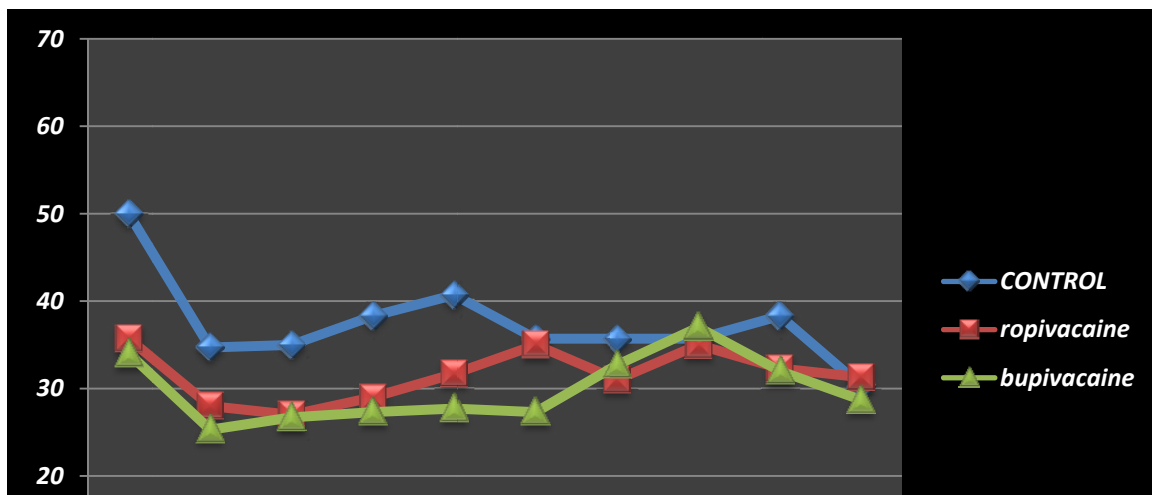
When compared with control group, Bupivacaine and Ropivacaine both group had less VAS score.

- There was a significant difference in the VAS score between Bupivacaine, Ropivacaine and control group with p value  $<0.05$  during the first five hours.
- During the first four hours there was no significant difference in the VAS score between Bupivacaine and Ropivacaine with  $p > 0.05$ .



- At fifth hour there was a significant difference in the VAS score between Bupivacaine (mean VAS-2.73) and Ropivacaine group (Mean VAS-3.10) with  $p = 0.01$ . Ropivacaine group had higher VAS. Pain was perceived earlier in the Ropivacaine group which needed additional analgesics.
- At sixth hour there was no significant difference in VAS score between all three groups with a mean VAS score  $3.27 \pm 1.57$ ,  $3.10 \pm 1.39$ ,  $3.57 \pm 1$  (mean  $\pm$  2 SD) in Bupivacaine, Ropivacaine, control group respectively with  $p = 0.401$ . Bupivacaine provided analgesia even up to six hours postoperatively.
- Pain threshold was maximum in the first hour and it was minimal in the sixth hour irrespective of the groups. These type of Laparoscopic surgeries required higher analgesics upto six hours post operatively. After six hours the analgesic requirements were found to be minimal.

**Figure 6 VAS SCORE**



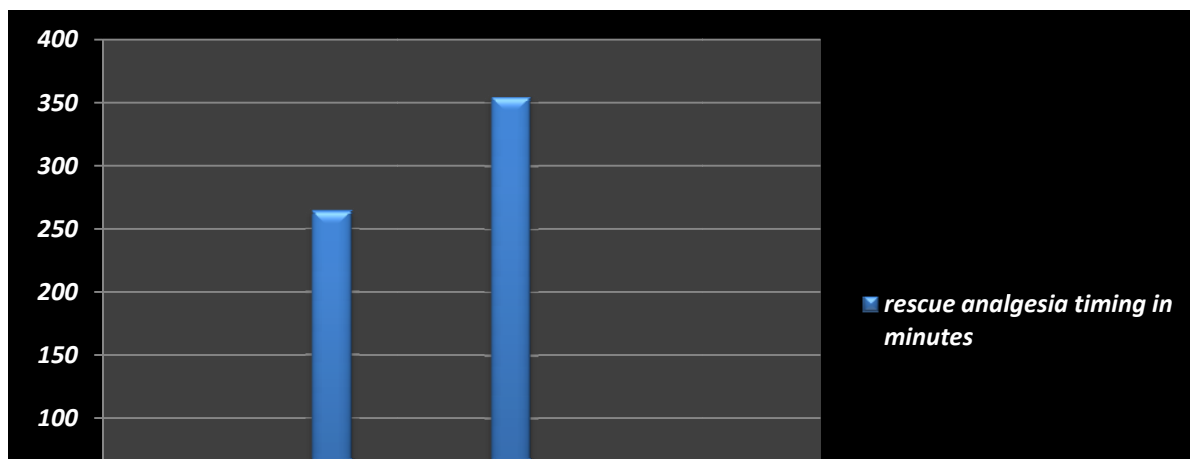
**Table 7 : VAS SCORE**

<b>VAS MEAN</b>	<b>CONTROL</b>	<b>ROPIVACAINE</b>	<b>BUPIVACAINE</b>	<b>P value</b>
0 HR	5.00	3.57	3.40	0.000*
1 HR	3.47	2.80	2.53	0.000*
2 HR	3.50	2.70	2.67	0.004*
3 HR	3.83	2.90	2.73	0.000*
4 HR	4.07	3.17	2.77	0.000*
5HR	3.57	3.50	2.73	0.002*
6 HR	3.57	3.10	3.27	0.401
10 HR	3.57	3.50	3.70	0.766
12 HR	3.83	3.23	3.20	0.133
24 HR	3.03	3.13	2.87	0.563

**Table 8 RESCUE ANALGESIA TIMING**

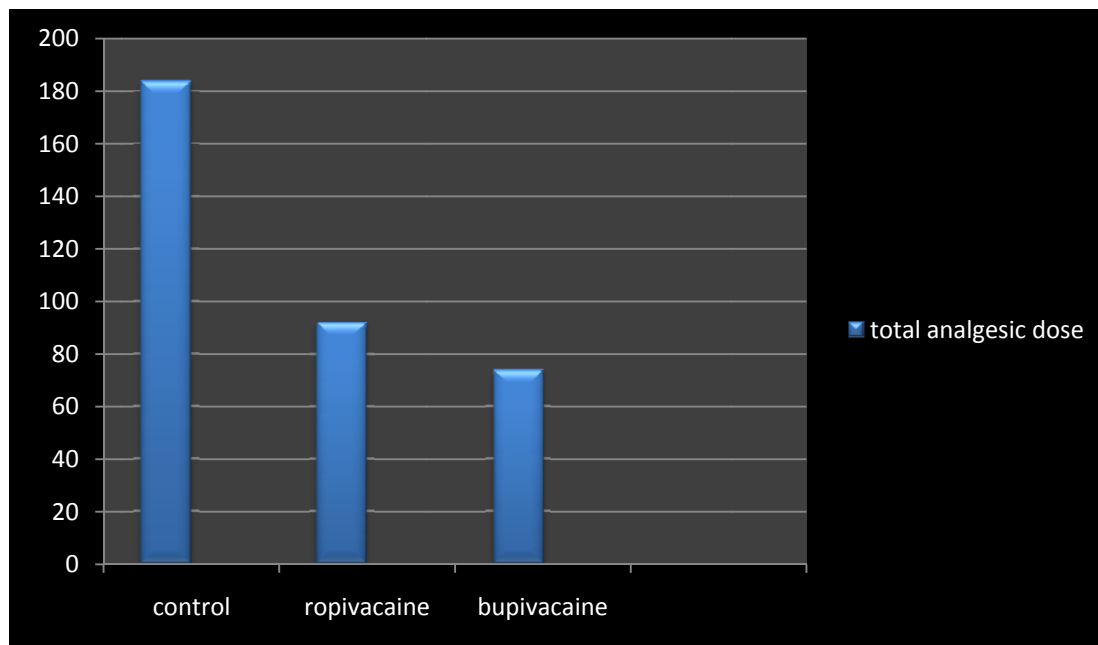
Group	Number	Mean	SD	P value
Control	30	12.90	13.38	0.000 significant
Ropivacaine	30	264.33	144.79	
Bupivacaine	30	355.00	25.24	

**Figure 7 RESCUE ANALGESIA TIMING**



- In control group rescue analgesia were given in 12.90 $\pm$  13.38 minutes when compared with Bupivacaine, where it was 355  $\pm$  25.24 minutes and for Ropivacaine, it was 264.33  $\pm$  144.79 minutes postoperatively, which was found to be highly significant( $p=0.000$ ). This showed that Bupivacaine provided adequate analgesia for the first 6 hours when compared to Ropivacaine, which provided adequate analgesia for about 4 hours 24 minutes.

### **Figure 8 TOTAL ANALGESIC DOSE**



- Total analgesic requirement was significantly less in local anesthetic groups compared to control group.
- Control group required  $184 \pm 45.38 \mu\text{g}$  of Fentanyl compared to Bupivacaine group which required  $74 \pm 25.24 \mu\text{gm}$  of Fentanyl and Ropivacaine group which needed  $92.33 \pm 34.81 \mu\text{ gm}$  of Fentanyl with  $p= 0.000$ , which was statistically significant.
- Though, there was a difference in the amount of rescue analgesic requirement between bupivacaine(fentanyl  $74 \pm 25.24 \mu\text{gm}$ ) and

Ropivacaine(fentanyl  $92.33 \pm 34.81 \mu\text{gm}$ ) groups, the difference was found to be statistically insignificant( $p=0.126$ ).

**Table 9 TOTAL RESCUE ANALGESIC DOSE REQUIREMENT**

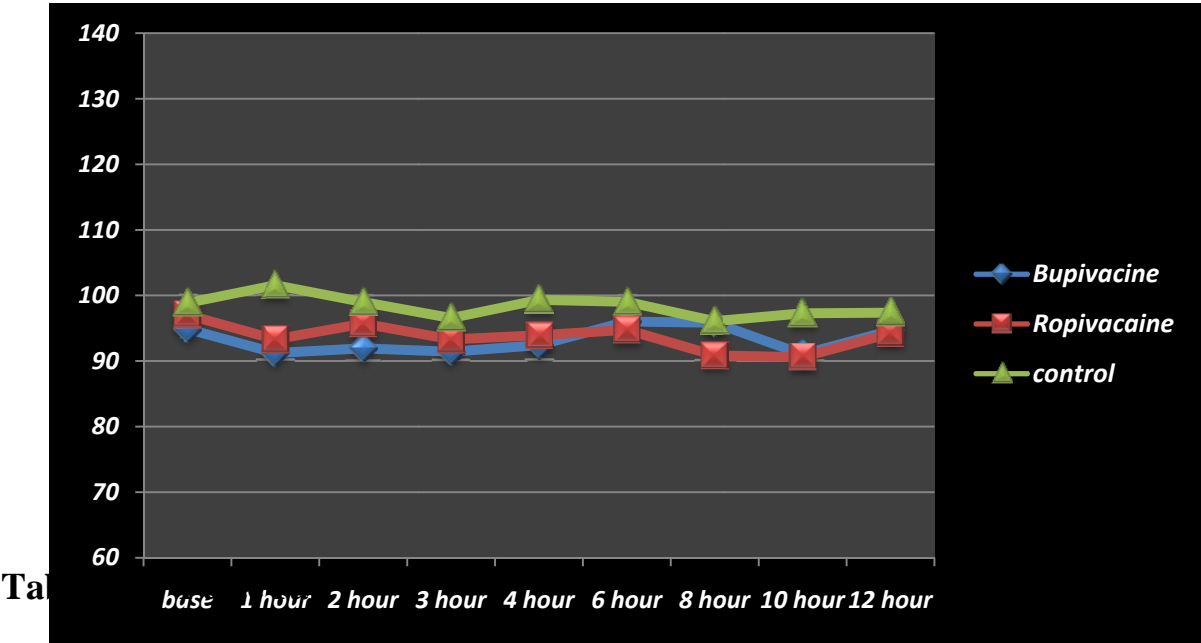
Group	Number	Mean	SD	P value
Control	30	184	45.38	0.000 significant
Ropivacaine	30	92.33	34.81	
Bupivacaine	30	74.00	25.24	

**Table 10,11 HEMODYNAMIC PARAMETERS**

**Table 10 :Mean arterial pressure**

The Mean Arterial Pressure was monitored postoperatively in all the groups and were analysed statistically. The hemodynamics in all the groups was stable and was found to be statistically insignificant.

**Figure 9 MEAN ARTERIAL PRESSURE**

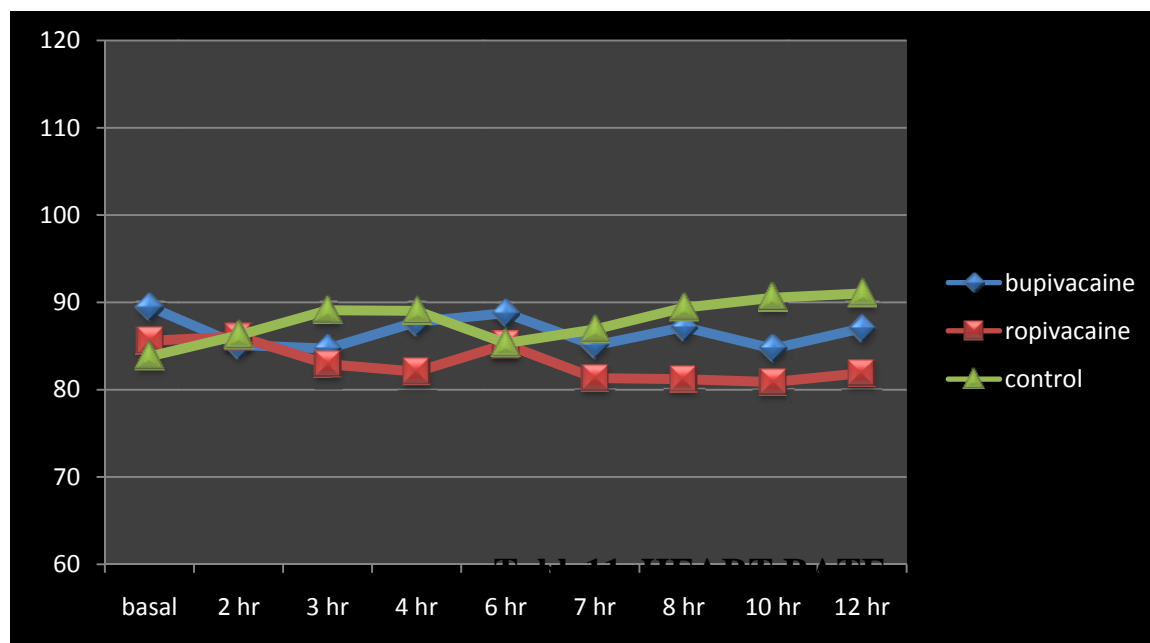


**Table 10 MEAN ARTERIAL PRESSURE**

	Group					
	Bupivacaine		Ropivacaine		Control	
	Mean	SD	Mean	SD	Mean	SD

Base	94.88	8.83	97.02	8.14	98.87	6.11
1 hour	91.23	7.69	93.31	6.97	101.58	7.05
2 hour	91.92	9.55	95.68	9.34	98.98	6.82
3 hour	91.42	7.61	93.30	10.61	96.54	12.06
4 hour	92.43	12.21	93.94	8.03	99.33	8.63
6 hour	96.04	12.82	94.76	9.59	99.04	9.09
8 hour	95.84	11.13	90.86	8.02	96.08	10.22
10 hour	91.04	8.29	90.60	9.47	97.27	10.11
12 hour	94.61	9.03	94.23	10.32	97.37	8.74

**Figure 10 HEART RATE**



time	Bupivacaine	Ropivacaine	Control	P value
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<b>PR</b>	<b>Mean</b>	<b>SD</b>	<b>Mean</b>	<b>SD</b>	<b>Mean</b>	<b>SD</b>	
Basal	89.50	11.39	85.60	13.49	83.80	10.54	
2 hour	85.13	10.01	86.10	13.83	86.23	9.97	
3 hour	84.70	10.04	82.93	9.28	89.10	11.67	
4 hour	87.77	11.97	82.07	10.81	89.03	9.83	<0.05
6 hour	88.77	11.19	85.20	11.84	85.33	9.43	
7 hour	85.07	11.83	81.33	8.55	86.90	8.24	
8 hour	87.17	15.14	81.20	10.41	89.40	7.21	
10 hour	84.70	13.00	80.87	14.59	90.53	8.93	
12 hour	87.03	12.73	81.90	12.49	91.03	11.20	

The pulse rate was also monitored postoperatively and were compared among the groups. Though there were changes in the heart rate in all the groups, they were comparable and was shown to be statistically insignificant between the groups.

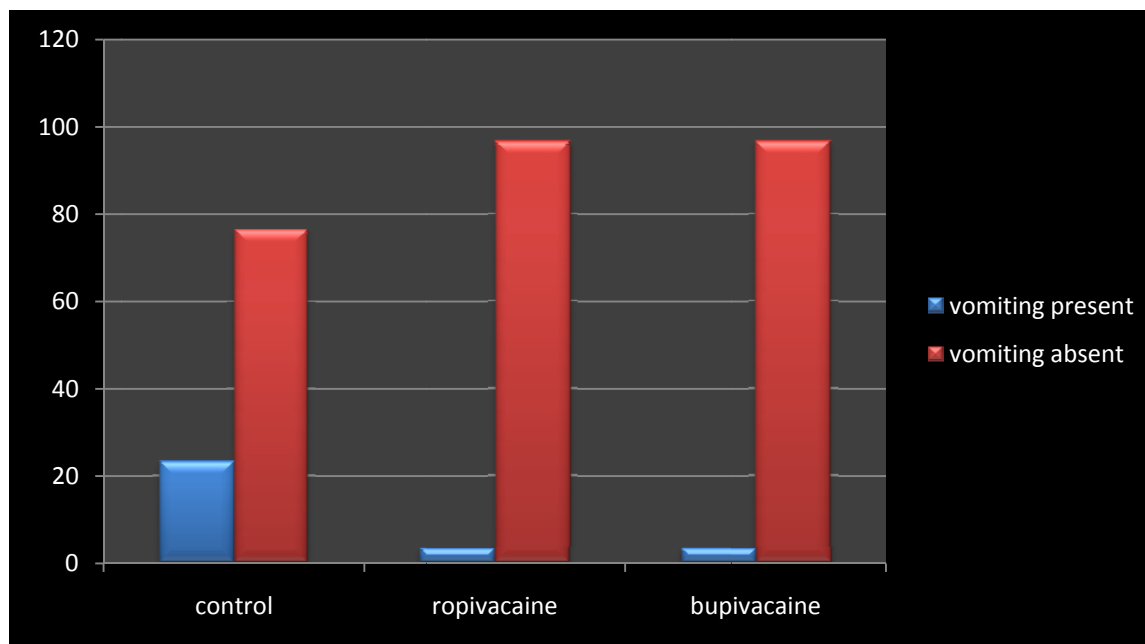
#### **Table 12: NAUSEA AND VOMITING**

- There was a significant reduction in nausea and vomiting in the patients who received Bupivacaine or Ropivacaine intraperitoneally.
- Among the 90 patients, 7 patients from the control group had postoperative vomiting, which was found to be statistically significant ( $p = 0.012$ ), when compared to Bupivacaine and Ropivacaine group, where the incidence of Postoperative vomiting was less(1 patient in each group)
- The reason for this high incidence of PONV(Post Operative Nausea Vomiting) in the control group, might be due to the higher requirement of rescue analgesia in the form of opioids(Fentanyl), which is one among the risk factors for PONV under Apfel's scoring( female, non-smokers, opioid use intraoperatively, History of PONV/ motion sickness )

#### **Table 12: NAUSEA AND VOMITING**

Group	Nausea &vomiting				P value
	YES		NO		
	total	%	total	%	
Control	7	23.3	23	76.66	
Ropivacaine	1	3.33	29	96.66	<b>0.012</b>
Bupivacaine	1	3.33	29	96.66	Significant

**Figure 11 VOMITING**



## **DISCUSSION:**

Laparoscopic techniques have gained popularity in the recent years, mainly because of the fact that it involves small incision, short hospital stay and early ambulation. Though it has got various advantages on its own, the peritoneal stretching due to the insufflation of gases results in excessive pain postoperatively. Various modes of providing analgesia were tried. The techniques that can be used for providing pain relief in Laparoscopic surgeries include surgery under subarachnoid block, parenteral opioids and NSAIDs, Instillation of local anaesthetics intraperitoneally, etc.,

Surgery under subarachnoid block provided adequate analgesia both intraoperatively and postoperatively, but the level of sensory block required intraoperatively was very high (Thoracic level 4), which resulted in higher hemodynamic instability. The time for ambulation postoperatively was also extended.

The use of parenteral opioids provided adequate analgesia, but the amount of drug required was higher, resulting in various complications like respiratory depression, postoperative nausea vomiting, constipation, pruritis which needs adequate postoperative monitoring thereby increasing the hospital stay.

Instillation of local anaesthetic solution intraperitoneally, as a mode of providing postoperative analgesia, has been studied extensively. It has the added advantage of early ambulation, reduced incidence of postoperative nausea vomiting and reduces the use of parenteral opioids and NSAIDs.

This study was done to compare the analgesic efficacy of Bupivacaine and Ropivacaine, which were instilled intraperitoneally, with a control group.

All the groups were comparable with respect to the demographic datas including Age, Sex, Height, Weight, BMI etc... They were also comparable in terms of the duration of surgery.

In our study mean duration of pain relief in Bupivacaine group and Ropivacaine group was  $355 \pm 180.72$  min and  $264.33 \pm 33$  min respectively. In Saline group it was about  $12.90 \pm 13.38$  minutes.

### **ANALGESIC REQUIREMENT:**

In our study it was found that the total dose of opioid required in the post operative period was significantly less in both Bupivacaine and Ropivacaine group, when compared to the control group. Out of these two groups Bupivacaine group needed less Fentanyl  $74 \pm 25.24\mu\text{g}$ , when compared with Ropivacaine group which

needed  $92.33 \pm 34.81\mu\text{g}$ , though the difference was found to be statistically insignificant( $p>0.05$ ). But the saline group needed double the dose  $184\mu \pm 45.38\mu\text{g}$ , which was statistically significant ( $p<0.05$ ).

This difference in the Fentanyl requirement closely correlates with the study done by *Tae Han kim et al*<sup>21</sup>, where the total dose of Fentanyl consumed in Ropivacaine group was  $367 \pm 85.88 \mu\text{g}$  over 48 hour via PCA when compared to  $535 \pm 100.29\mu\text{g}$  in control group. This was statistically significant with a p value of  $<0.001$ .

*Rajini gupta et al*<sup>22</sup> also demonstrated the same in which saline vs Bupivacaine vs Bupivacaine and Fentanyl were compared. Total diclofenac consumption was about  $65 \pm 15\text{mg}$  in Bupivacaine with Fentanyl compared with saline  $128 \pm 25\text{mg}$ .

*Palmes et al*<sup>23</sup>, also supports our study in which they used 0.5% lignocaine before the pneumo peritoneum vs 0.5% lignocaine after the surgery. Analgesic piritramide consumption in both groups were 11.1 vs 18.5 with  $p=0.002$  when compared to the control group.

*Boddy AP*<sup>24</sup>, *Mehta* also concur our study.

*Karaaslan<sup>25</sup> et al* demonstrated less analgesic requirements (diclofenac) in the patients, who received 0.5% Bupivacaine  $23.4 \pm 35.9$  mg compared with placebo (saline) group  $70.0 \pm 59.9$  mg.

*Hernandez et al<sup>26</sup>* used Metamizol as a rescue analgesia for post laparoscopic pain. In the patients who received Bupivacaine with morphine intra peritoneally consumed less Metamizol  $2025 \pm 1044$  mg when compared with control  $4925 \pm 1238$ mg.

#### **PAIN SCORE:**

In our study the median VAS score for Bupivacaine group was 2.82 over 24 hours and in Ropivacaine group median VAS score was 3.15, which was found to be statistically significant( $p < 0.05$ )

*Malhotra et al* in their study compared 0.125% bupivacaine with saline intraperitoneally. Mean VAS score at 2<sup>nd</sup> and 4<sup>th</sup> hour was 2,2 for Bupivacaine and 6,4 for saline group, which was similar to our study.

***Mraovic*<sup>17</sup>** and coworkers used 0.5% of Bupivacaine intra peritoneally after CO2 insufflation and after the dissection. They provided excellent analgesia upto 8 hours with less analgesic consumption. Our results were similar to this study with Bupivacaine instillation after the dissection.

**Gupta A**<sup>28</sup> with his colleagues compared Ropivacaine 0.5% with saline injected intra peritoneally near the gall bladder fossa. They kept the catheter at the gall bladder bed through which 20 ml Ropivacaine was given after the dissection. When compared with saline group, in patients who had Ropivacaine in the post operative period, had good VAS and better pain relief upto 4<sup>th</sup> post operative hour. In our study we used Ropivacaine 0.5% as a single shot technique provided pain relief for 260 minutes which strongly correlates with this study.

***Rajni Gupta et al***<sup>29</sup> compared Bupivacaine vs Bupivacaine with Fentanyl and saline. Patients who have received Bupivacaine with Fentanyl, showed VAS score  $40.3 \pm 7.4$  compared with saline  $50.1 \pm 7.8$ . They proved that there was a narrow margin between the VAS score of both the groups. This study strongly supports our study, in which the median VAS score for Bupivacaine group was 2.82 over 24 hours and in Ropivacaine group median VAS score was 3.15 .

***Andrei et al***<sup>30</sup> and colleagues compared 100 mg of Bupivacaine with 150mg of Ropivacaine for intraperitoneal instillation. They were given 50mg higher dose of



ropivacaine compared with Bupivacaine since Ropivacaine is less cardiotoxic. In both groups pain score and subcutaneous morphine consumption and vomiting were low, which was similar to our study. Due to higher dose of ropivacaine, morphine consumption was significantly less in Ropivacaine group compared to bupivacaine group. Similar to our study, there was no significant variation in hemodynamics.

[Hernández et al<sup>26</sup>](#) and his coworkers added an adjuvant with local anaesthetics to study the efficacy. They compared 0.25% Bupivacaine with 2mg intra peritoneal morphine and 0.25% Bupivacaine with 2mg i.v morphine. Rescue analgesic (Metamizol) requirement were lower in Bupivacaine with intraperitoneal morphine group( $2025 \pm 1044$ mg) when compared with Bupivacaine with i.v morphine ( $4125 \pm 1276$ mg) during the first 6hours. So adding an adjuvant with lesser concentration of local anaesthetics will provide analgesia similar to the higher concentration of anaesthetics.

## **DURATION OF ANALGESIA:**

In our study intraperitoneal instillation of Bupivacaine or Ropivacaine at the end of the surgery provided analgesia for  $355 \pm 180.72$  min and  $264.33 \pm 33$  min

when compared with saline group which was about  $13 \pm 26.93$  minutes, which was found to be statistically significant (p)

[Chou YJ](#)<sup>31</sup> and coworkers used 0.5% Bupivacaine (50 mg) after the dissection, compared with the group which has received both before the pneumo peritoneum and after the dissection (100mg) group. In the patients who received Bupivacaine both before and after dissection had less pain when compared with placebo. But the duration of analgesia was up to 8hours, which also supports our study.

*Shabir Ahmad et al*<sup>32</sup> compared intra peritoneal Bupivacaine with intravenous tramadol for post operative pain relief in which the mean VAS in Bupivacaine group was at 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> hrs were 3.50, 2.80, 2, 1.30 and 0.06 respectively, but in tramadol group VAS was 2.20, 1.83, 1.40, 1.07 and 0.7. Pain relief was better with i.v tramadol group than intraperitoneal group.

*Narchi et al*<sup>33</sup> compared intraperitoneal bupivacaine with Ropivacaine and concluded that both were more effective in controlling the post operative pain with less analgesic requirements. The results were similar to our results

*Ljiljana et al*<sup>34</sup> used 0.25% Bupivacaine vs 0.25% Bupivacaine+ 2mg Morphine .They have concluded that the post operative pain relief in intraperitoneal Bupivacaine with morphine was about 6 hours, which was similar to our study.

*Chundrigar et al*<sup>35</sup> and his coworkers used 0.25% of Bupivacaine intraperitoneally and concluded VAS score was good with less analgesic requirement.

*Szem et al*<sup>36</sup> also showed the same duration of pain relief like our study. They used 0.1% Bupivacaine intraperitoneally. Pain relief was modest which lasted for 6 hours.

## **VOMITING:**

In our study among the Bupivacaine, Ropivacaine group incidence of vomiting was 2.22% when compared with control group 7.77% which was clinically significant with  $p=0.012$ .

*Andrei et al*<sup>30</sup> in their study compared the post operative vomiting in the patients who received Bupivacaine, Ropivacaine intraperitoneally. They used 4 point scale for evaluation. Compared with control group ( 1.11) bupvacaine (0.41) and Ropivacaine (0.48) group experienced less vomiting. Antiemetic treatment was needed only 10% Bupivacaine group and 15% in Ropivacaine group compared with saline group which was about 43%.

### **HEMODYNAMICS:**

In our study there was no significant hemodynamic changes noted. PR,BP,SPO2 were maintained within 20% of the normal limit through out the study.

*Canan kukuk et al*<sup>11</sup>, *Kang et al*<sup>37</sup>, and coworker showed there was no significant change in the hemodynamics during the study which was similar to our study.

### **COMPLICATIONS:**

In our study no significant complications were noted like seizure and allergic reaction. *Ljiljana Et al*<sup>34</sup>, *Rajni gupta et al*<sup>29</sup>, *Andrei et al* also demonstrated that their study was without any complications.





## SUMMARY

From this prospective, randomised, comparative, double blinded, case control study which evaluated the effectiveness of intraperitoneal instillation of Bupivacaine compared with Ropivacaine for post operative pain relief after laparoscopic abdominal surgeries.

The following observations were noted...

1. The demographic profiles like Age, Sex, BMI, ASA status were comparable in all the groups.
2. Duration of post operative pain relief after intraperitoneal instillation of Bupivacaine was longer than Ropivacaine.
3. The VAS score was lower in Bupivacaine and Ropivacaine group when compared with saline group over the first 6 hours postoperatively.
4. Total Fentanyl requirement was lower in Bupivacaine and Ropivacaine group compared with saline group.
5. Post operative nausea and vomiting was significantly lower in both Ropivacaine and Bupivacaine group when compared to the control group.
6. Duration of surgery, hemodynamic parameters and complications were comparable in all groups

## **CONCLUSION**

We conclude that intraperitoneal instillation of local anaesthetic drug is useful for post operative pain relief for patients undergoing laparoscopic surgeries and 0.5% Bupivacaine is a better analgesic when compared to intraperitoneal instillation of 0.5% Ropivacaine, with well maintained hemodynamics postoperatively.



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## **Information bulletin**

Researcher name : **Dr. Sujatha, M.D (Anaesthesia)**

Participant name :

### **Research topic:**

Comparison of Intraperitoneal instillation of Bupivacaine, Ropivacaine and saline for postoperative pain relief in laproscopic abdominal surgeries.

### **Purpose of the study:**

During laparoscopic abdominal surgeries insufflation of co2 gas causes stretching of the peritoneum causes pain in the abdomen postoperatively. Intraperitoneal instillation of Bupivacaine or Ropivacaine relieve this pain in the postoperative period.

### **Nature of the study:**

Participant who are all participating in the above mentioned study will get Bupivacaine or Ropivacaine or saline intraperitoneally via laparoscopy port after the procedure get over and will comparing the post operative pain relief of all the three.

### **Uses:**

Post operative pain in the patient receiving Bupivacaine or Ropivacaine intraperitoneally will be very less than whom those not receiving and pulse rate and bp will be stable and post operative vomiting will be less.

**Complications:**

During the study patient will not get any problem.

If you don't want to participate in this study then you will get the usual pain relief in the post operatively.

Witness signature

Participant name

Name  
impression

Left          thumb

Name



# MASTER CHART

[illegible]

VAS SCALE

